

Pumpkin Spice Latte

Ingredients

- 1/2 cup strong coffee
- 1 cup non-fat milk
- 2 tablespoons canned pumpkin
- 1/2 teaspoon pumpkin spice
- 1 teaspoon vanilla
- Pinch of cinnamon
- Pinch of nutmeg

Instructions

1. Place all ingredients in a blender and blend well until combined.
2. Pour in a glass and place in the microwave for one minute.

View the recipe video on YouTube here: <https://youtu.be/2Vfn9cQ25gY>